

5. Manusmriti - Motilal Banarsidass, 1959
6. Shrimad Bhagavata Purana - Gita Press, 2002.
7. उपनिषदों में धर्म, दर्शन और संस्कृति: डॉ. रामजी उपाध्याय, मुन्नालाल शुभाषन, 2019.
8. भारतीय ज्ञान वैभव: डॉ. विद्यानिवास मिश्र, सम्पादक चौधरी लक्ष्मीनारायण, 2018.
9. भारतीय दर्शन, डॉ. राजेन्द्र प्रसाद त्रिपाठी लोकभारती प्रकाशन- 2015.
10. उपनिषदों का दर्शन, डॉ. भगवानदास , समाज प्रबोधन मंडल -2008.
11. संस्कृति एवं दर्शन, प्रो. रामजी त्रिपाठी, प्रकाशन संस्थान- 2010.

SANDSM-I-401: Indian Perspective in Personality Development and Indian System of Logic

SANDSM-II-451: Indian Perspective in Personality Development and Indian System of Logic

Objective: The course aims to introduce students to the Indian perspective of personality development and help them understand the concept of a person, personality types, measures for behavior improvement, and the recognition of Svadharm

Outcome: After completing the course, students will have a better understanding of the Indian perspective of personality development, including the concept of a person, personality types, and measures for behavior improvement. They will also be able to recognize their Svadharma and channelize their innate urges on social lines.

Credit: 3

Total Marks: 100

UNIT-I: Historical Perspective

Rgveda, 1.164.37; Chandogyopanisad, VI.2.3, VI.8.6, VIII.1.4, Brhadaranyakopanisad, II.5.18-19

UNIT-II: Concept of a person

Gita Ch: 1, verse:1-30, Jiva as core and eightfold Nature as cover Ksetrajna as core and Ksetra as cover Ch-13, Verse-1-2, Ch-13, verse:5-6, ch-13, verse-1-2, ch-13, verse: 5-6, chapter-13, verse 9-23, Aksara as core and Ksara as core, ch-15, Verse: 7-11 and 6-19

UNIT-III: Personality Types

Gita, Ch-14, verse: 5-14, ch-17, Verse: 2-6, chapter-17, verse 11.21.

UNIT-IV: Measures for behavior Improvement

Control of senses and mind (Gita: Chapter-2, verse:59-60, 64 and 68, ch:3, verse:41-43, ch:6, verse:19-23., Right faith (Gita, ch:9, verse:3,22,23-28,30-34).

UNIT-V: Recognition of Svadharma-Inner Urge

(Gita,Ch:2,verse:31.41-44, verse:18-22, ch:5, verse:11-12,ch:7,verse:15,18, 20-23,27-29 Channelizing Innate Urges on Social Lines: (Gita,ch:18,verse:41-62) Ch:3, verse:4,5,8,9,27-30,33-34,ch:4.

References:

- Bhagavad Gita with the commentary of Sayanacarya.
- Shrimad Bhagavata Purana - Gita Press, 2002.
- Bhagavad Gita - Motilal Banarsidass, 1964.
- Rgveda with the commentary of Sayanacarya.
- Chandogyopanisad with the commentary of Sankaracarya and Sankarananda.
- Brhadaranyakopanisad with the commentary of Sankaracarya.